

OPTIPRO®

ADVANCED PERFORMANCE SHAKE

- Easy to use, calorically dense, lean muscle maximizing formula. Mixes instantly in water - no blender required.
- 40 grams of a specialized protein blend provides a sustained release so your muscles are constantly fed and nourished.
- Optimum blend of complex carbohydrates and glucose to help fuel your workouts and replenish depleted glycogen stores.
- MCTs (Medium Chain Triglycerides) for high performance and a slow and steady release of energy. MCTs are good fats that burn as fuel and cannot be stored as fat.



Developed by and manufactured for



PhytoCetrical Formulations, LLC
Mandeville, LA 70448
888.551.1080
www.pcfabs.com

- Available
5lb Bottles • 10lb Pails
20lb Boxes

These quality **PhytoCetrical Formulations™** products are thoroughly assayed for purity, potency and consistency. Our Quality Assurance Procedures and Good Manufacturing Practices ensure that each product meets our highest standards. All PhytoCetrical Formulations products are manufactured in a GMP certified facility.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

Meets NCAA
Nutritional Guidelines

OPTIPRO[®]

ADVANCED PERFORMANCE SHAKE



OPTIPRO[®] **APS** is an extremely powerful performance support formula created specifically for the needs of the professional athlete.

OPTIPRO[®] **APS** has more of what you want and less of what you don't - more calories, more taste, more protein, more good fats, more fiber and far less sugar.

OPTIPRO[®] **APS** contains a top-notch protein blend providing an optimized amino acid profile, performance and recovery fueling carbohydrates, and high performance MCT fats.

OPTIPRO[®] **APS** mixes instantly -- no blender required.

Case Dimensions
5lb - 11" H x 16.5" W x 16.5" L

Case Quantity
5lb: 4 - 5lb Bottles

Bottle Dimensions
5lb: 10.25" H x 8" W
10lb: 10" H x 12" W

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DIRECTIONS: For a rich, creamy shake, mix 4 scoops with 16 ounces (2 cups) of cold water, milk or juice in shaker or blender.

OPTIPRO[®] **APS** may be used in the morning as part of your meal, post workout for enhanced recovery and tissue repair, before bedtime to help prevent muscle tissue breakdown and two to three times per day to fulfill your daily calorie requirements.

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CREAMY VANILLA

Supplement Facts

Serving Size 4 scoops (129g)
makes 2 cups (16fl oz/480ml) prepared
Servings per container 18(5lb) 36(10lb)

Amount Per Serving	
Calories	529
Calories from Fat	117
%Daily Value**	
Total Fat 13g*	18%
Saturated Fat 3g	12%
Trans Fat 0g	
Total Carbohydrate 63g	21%
Dietary Fiber 3g	3%
Sugars 12g	
Protein 40g	80%
%Daily Value** %Daily Value**	
Vitamin A 100%	Vitamin B ₆ 100%
Vitamin C 100%	Biotin 15%
Vitamin D 100%	Folic Acid 100%
Vitamin E 100%	Vitamin B ₁₂ 100%
Vitamin B ₁ 100%	Pantothenic Acid 100%
Vitamin B ₂ 100%	Calcium 50%
Niacin 100%	Iron 2%

*Amount in Drink

**Percent Daily Values are based on a 2,000 or 2,500 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrates	300g	375g
Dietary Fiber	25g	30g

Ingredients: OptiPRO[®] Performance Carbohydrate Blend (Maltodextrin, Oat Bran, Glucose, Fibersol-2), OptiPRO[®] Performance Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate), OptiPRO[®] Performance Fat Blend (Medium Chain Triglycerides, Sunflower Oil), Vitamin and Mineral Blend (vitamin A acetate, cholecalciferol, d-alpha-tocopherol acetate, ascorbic acid, folate, thiamine monohydrate, riboflavin, niacinamide, pyridoxine HCL, cyanocobalamin, biotin, pantothenic acid, di-calcium phosphate, potassium iodide, electrolytic iron, magnesium oxide, copper gluconate, and zinc oxide), Natural and Artificial Flavors, and Sucralose.

Contains milk ingredients.



RICH COCOA

Supplement Facts

Serving Size 4 scoops (129g)
makes 2 cups (16fl oz/480ml) prepared
Servings per container 18(5lb) 36(10lb)

Amount Per Serving	
Calories	529
Calories from Fat	117
%Daily Value**	
Total Fat 13g*	18%
Saturated Fat 3g	12%
Trans Fat 0g	
Total Carbohydrate 63g	21%
Dietary Fiber 3g	3%
Sugars 12g	
Protein 40g	80%
%Daily Value** %Daily Value**	
Vitamin A 100%	Vitamin B ₆ 100%
Vitamin C 100%	Biotin 15%
Vitamin D 100%	Folic Acid 100%
Vitamin E 100%	Vitamin B ₁₂ 100%
Vitamin B ₁ 100%	Pantothenic Acid 100%
Vitamin B ₂ 100%	Calcium 50%
Niacin 100%	Iron 2%

*Amount in Drink

**Percent Daily Values are based on a 2,000 or 2,500 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrates	300g	375g
Dietary Fiber	25g	30g

Ingredients: OptiPRO[®] Performance Carbohydrate Blend (Maltodextrin, Oat Bran, Glucose, Fibersol-2), OptiPRO[®] Performance Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate), OptiPRO[®] Performance Fat Blend (Medium Chain Triglycerides, Sunflower Oil), Vitamin and Mineral Blend (vitamin A acetate, cholecalciferol, d-alpha-tocopherol acetate, ascorbic acid, folate, thiamine monohydrate, riboflavin, niacinamide, pyridoxine HCL, cyanocobalamin, biotin, pantothenic acid, di-calcium phosphate, potassium iodide, electrolytic iron, magnesium oxide, copper gluconate, and zinc oxide), cocoa, Natural and Artificial Flavors, and Sucralose.

Contains milk ingredients.



STRAWBERRY BANANA

Supplement Facts

Serving Size 4 scoops (129g)
makes 2 cups (16fl oz/480ml) prepared
Servings per container 18(5lb) 36(10lb)

Amount Per Serving	
Calories	529
Calories from Fat	117
%Daily Value**	
Total Fat 13g*	18%
Saturated Fat 3g	12%
Trans Fat 0g	
Total Carbohydrate 63g	21%
Dietary Fiber 3g	3%
Sugars 12g	
Protein 40g	80%
%Daily Value** %Daily Value**	
Vitamin A 100%	Vitamin B ₆ 100%
Vitamin C 100%	Biotin 15%
Vitamin D 100%	Folic Acid 100%
Vitamin E 100%	Vitamin B ₁₂ 100%
Vitamin B ₁ 100%	Pantothenic Acid 100%
Vitamin B ₂ 100%	Calcium 50%
Niacin 100%	Iron 2%

*Amount in Drink

**Percent Daily Values are based on a 2,000 or 2,500 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrates	300g	375g
Dietary Fiber	25g	30g

Ingredients: OptiPRO[®] Performance Carbohydrate Blend (Maltodextrin, Oat Bran, Glucose, Fibersol-2), OptiPRO[®] Performance Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate), OptiPRO[®] Performance Fat Blend (Medium Chain Triglycerides, Sunflower Oil), Vitamin and Mineral Blend (vitamin A acetate, cholecalciferol, d-alpha-tocopherol acetate, ascorbic acid, folate, thiamine monohydrate, riboflavin, niacinamide, pyridoxine HCL, cyanocobalamin, biotin, pantothenic acid, di-calcium phosphate, potassium iodide, electrolytic iron, magnesium oxide, copper gluconate, and zinc oxide), Natural and Artificial Flavors, and Sucralose.

Contains milk ingredients.

